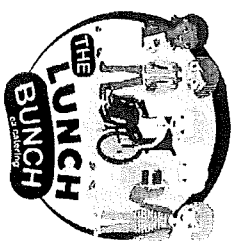


EAT SMART WITH CUMRAN

THE LUNCH BUNCH



WEEKS SERVED **MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

<p>7 October 4 November 2 December 30 December 27 January</p>	<p>Golden Crumbed Fish Fingers Baked Beans /Marrowfat Peas Pasta Spirals / Oven Baked Wedges Vanilla Ice-Cream, Peas & Butterscotch Sauce</p>	<p>Homemade BBQ Chicken Pizza Or Cheese Pizza Coleslaw / Baton Carrots Chips / Mashed Potato Homemade Banana Cake</p>	<p>"Lunch Bunch" Chicken Curry & naan Bread Or Filled Baguette Peas / Roasted Courgette Boiled Rice / Mashed Potato Chocolate & Raspberry Sponge cake & Custard</p>	<p>Roast Pork, Stuffing & Gravy Carrot & Parsnip/ Green beans Mashed / Oven Roast Potato Homemade Popcorn Cookie & orange Wedges</p>	<p>Beef Burger & Bap Broccoli/ Garden Peas Chipped Potatoes / Mashed Potato Frozen Strawberry Mousse</p>
<p>14 October 11 November 9 December 6 January 3 February</p>	<p>Fishfinger "Seadog" Served in a finger Roll Marrowfat Peas /Baked Beans Chipped Potato / Mashed Potato Apple & Pear Crumble with Custard</p>	<p>Savory Beef Mince & Crusty Bread Peas / Baton Carrot Oven Baked Cubed Potato / Mashed Arctic Roll & Winter Berry Sauce</p>	<p>"Lunch Bunch" Chicken Curry & Naan Bread or Peppared chicken Broccoli / Garden Peas Mashed Potato / Boiled Rice Homemade Jam & Coconut Sponge & Custard</p>	<p>Roast Chicken , Stuffing & Gravy Savoy Cabbage & Baton Carrots Mashed / Oven Roast Potato Chocolate Rice Krispie Square</p>	<p>Crispy Baked Chicken Burger & Bap Spaghetti Hoops /Asian Slaw Chipped Potatoes / Mashed potato Raspberry Jelly & Peach Slices</p>
<p>21 October 18 November 16 December 13 January 10 February</p>	<p>Homemade Ham & Cheese Pizza Spaghetti Hoops / Peas Roast potato Wedges / Mashed Potatoes Vanilla Ice-Cream with Peas & Hot Chocolate Sauce</p>	<p>Beef Bolognaisse Cauliflower Cheese / Steamed Broccoli Mashed Potato / Pasta Apple Sponge with Custard</p>	<p>"Lunch Bunch" Chicken Curry & Naan Bread Or Filled Baguette Garden Peas Butternut Squash Chipped Potato / Boiled Rice Frozen Smoothie</p>	<p>Roast Beef, Yorkshire Pudding & Gravy or Salmon fish Fingers & lemon Mayonnaise Carrot & Parsnip / Peas Mashed / Oven Roast Potato Chocolate Cracknel & Custard</p>	<p>Hot Dog & Tomato Ketchup Coleslaw / baked Beans Chipped / Mashed Potatoes Homemade Oatmeal Biscuit & Fruit Pot</p>
<p>28 October 25 November 23 December 20 January</p>	<p>Oven Baked Fish Goujons Steamed Garden Peas / Spaghetti Hoops Chipped Potato / Mashed Potato Chocolate & Raspberry Brownie</p>	<p>Cottage Pie Or Savoury Mince Beef Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges / Mashed Potato Ice Cream jelly & Two Fruit</p>	<p>"Lunch Bunch Chicken Curry & Naan Bread Or Filled Baguette broccoli / Butternut Squash Boiled Rice / Mashed Potato Chocolate & Pear Sponge & Custard</p>	<p>Turkey & Ham Stuffing & Gravy Savoy Cabbage / Carrot & Parsnip Mashed / Oven Roast Potato Homemade Flapjack & Orange Wedges</p>	<p>Oven Baked Chicken Nuggets Baked beans / Garden Peas Chipped Potato / Mashed Potato Choice of Fruit Yogurt Pot</p>

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO PRODUCT AVAILABILITY