

# EAT SMART WEEK

# THE LUNCH BUNCH

Week Beginning:  
 16th February, 16th March,  
 13th April, 11th May, 8th June



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Mains</b></p> <p>Baked Fish Goujons with Lemon Mayo</p> <p><b>Side Dishes</b></p> <p>Steamed Broccoli &amp; Baked Beans</p> <p>Chipped Potatoes &amp; Baked Potato</p> <p><b>Dessert</b></p> <p>Selection of Fruit Yoghurt Pots</p>	<p><b>Mains</b></p> <p>Homemade Beef Bolognese</p> <p><b>Side Dishes</b></p> <p>Baton Carrots &amp; Green Beans</p> <p>Fusilli Pasta &amp; Fresh Seasonal Salad</p> <p><b>Dessert</b></p> <p>Mandarin Orange Sponge with Custard</p>	<p><b>Mains</b></p> <p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Fresh Seasonal Salad</p> <p>Steamed Rice &amp; Oven Roast Wedges</p> <p><b>Dessert</b></p> <p>Peach and Raspberry Traybake Trifle</p>	<p><b>Mains</b></p> <p>Roast Pork with Stuffing and Rich Gravy</p> <p><b>Side Dishes</b></p> <p>Steamed Broccoli &amp; Cauliflower</p> <p>Mashed Potatoes &amp; Oven Roast Potatoes</p> <p><b>Dessert</b></p> <p>Chocolate and Pear Sponge Cake</p>	<p><b>Mains</b></p> <p>Hot Dog with Tomato Ketchup</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Mini Corn on the Cob</p> <p>Chipped Potatoes &amp; Baked Potato</p> <p><b>Dessert</b></p> <p>Vanilla Ice Cream with Sliced Pears</p>

MILK, WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL.

MENU SUBJECT TO PRODUCT AVAILABILITY

# EAT SMART WEEK

# THE LUNCH BUNCH

Week Beginning:  
 23rd February, 23rd March, 20th  
 April, 18th May, 15th June



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Mains</b></p> <p>Golden Baked Cod Bites</p> <p><b>Side Dishes</b></p> <p>Steamed Broccoli &amp; Baked Beans</p> <p>Chipped Potatoes &amp; Baked Potato</p> <p><b>Dessert</b></p> <p>Frozen Strawberry Yoghurt and Fruit Tub</p>	<p><b>Mains</b></p> <p>Mild Beef Chilli</p> <p><b>Side Dishes</b></p> <p>Sweetcorn, Fresh Seasonal Salad &amp; Coleslaw</p> <p>Steamed Rice &amp; Oven Roast Wedges</p> <p><b>Dessert</b></p> <p>Homemade Apple Sponge with Custard</p>	<p><b>Mains</b></p> <p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Diced Carrots</p> <p>Steamed Rice &amp; Mashed Potatoes</p> <p><b>Dessert</b></p> <p>Fresh Fruit Salad with Strawberry Yoghurt</p>	<p><b>Mains</b></p> <p>Roast Turkey with Stuffing and Rich Gravy</p> <p><b>Side Dishes</b></p> <p>Roast Carrots &amp; Spring Cabbage</p> <p>Mashed Potatoes &amp; Oven Roast Potatoes</p> <p><b>Dessert</b></p> <p>Fruit Muffin and Milkshake</p>	<p><b>Mains</b></p> <p>Cheeseburger with Tomato Ketchup</p> <p><b>Side Dishes</b></p> <p>Mini Corn on the Cob &amp; Crunchy Veggie Sticks</p> <p>Chipped Potatoes &amp; Baby Potatoes</p> <p><b>Dessert</b></p> <p>Oatmeal Biscuit with Orange Wedges</p>

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# EAT SMART WEEK

# THE LUNCH BUNCH

Week Beginning:  
2nd March, 30th March,  
27th April, 25th May, 22nd June



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Mains</b></p> <p>Golden Crumbed Fish Fingers</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Spaghetti Hoops</p> <p>Chipped Potatoes &amp; Mashed Potatoes</p> <p><b>Dessert</b></p> <p>Banana-flavoured Mousse</p>	<p><b>Mains</b></p> <p>Homemade Beef Bolognese</p> <p><b>Side Dishes</b></p> <p>Steamed Broccoli &amp; Fresh Seasonal Salad</p> <p>Fusilli Pasta &amp; Herbed Baby Potatoes</p> <p><b>Dessert</b></p> <p>Summer Fruit Sponge Finger</p>	<p><b>Mains</b></p> <p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p><b>Side Dishes</b></p> <p>Green Beans &amp; Baton Carrots</p> <p>Steamed Rice &amp; Oven Roast Wedges</p> <p><b>Dessert</b></p> <p>Blueberry and Lemon Sponge with Custard</p>	<p><b>Mains</b></p> <p>Roast Gammon with Stuffing and Rich Gravy</p> <p><b>Side Dishes</b></p> <p>Cauliflower &amp; Roast Butternut Squash</p> <p>Mashed Potatoes &amp; Oven Roast Potatoes</p> <p><b>Dessert</b></p> <p>Jelly Whip with Mandarin Oranges</p>	<p><b>Mains</b></p> <p>Baked Pork Sausages</p> <p><b>Side Dishes</b></p> <p>Sweetcorn &amp; Baked Beans</p> <p>Chipped Potatoes &amp; Mashed Potatoes</p> <p><b>Dessert</b></p> <p>Frozen Vanilla Yoghurt with Melon Wedge</p>

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# EAT SMART WEEK

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Week Beginning:  
9th March, 6th April, 4th May, 1st  
June, 29th June



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Mains</b></p> <p>Homemade Beef Bolognese</p> <p><b>Side Dishes</b></p> <p>Baton Carrots &amp; Steamed Broccoli</p> <p>Fusilli Pasta &amp; Oven Roasted Wedges</p> <p><b>Dessert</b></p> <p>Melon, Mandarin and Pineapple Pot</p>	<p><b>Mains</b></p> <p>Ham and Cheese Pizza</p> <p><b>Side Dishes</b></p> <p>Sweetcorn &amp; Coleslaw</p> <p>Chipped Potatoes &amp; Baby Potatoes</p> <p><b>Dessert</b></p> <p>Raspberry Jelly with Two Fruits</p>	<p><b>Mains</b></p> <p>Lunch Bunch Chicken Curry &amp; Mini Naan Bread</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Roast Butternut Squash</p> <p>Steamed Rice &amp; Potato Salad</p> <p><b>Dessert</b></p> <p>Pineapple Upside Down Cake with Custard</p>	<p><b>Mains</b></p> <p>Roast Beef with Yorkshire Pudding, Stuffing and Rich Gravy - Or - Baked Salmon and Tomato Pasta</p> <p><b>Side Dishes</b></p> <p>Roast Carrot &amp; Cauliflower</p> <p>Mashed Potatoes &amp; Oven Roast Potatoes</p> <p><b>Dessert</b></p> <p>Chocolate-flavoured Mousse with Chopped Fruit</p>	<p><b>Mains</b></p> <p>Oven Baked Chicken Goujons</p> <p><b>Side Dishes</b></p> <p>Garden Peas &amp; Baked Beans</p> <p>Chipped Potatoes, Baked Potato &amp; Fresh Seasonal Salad</p> <p><b>Dessert</b></p> <p>Homemade Flakemeal Biscuit with Melon Wedge</p>

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